

Position: 06°18'N 099°47'E

Heights are in metres Remember to adjust times for Daylight Saving

Time	Ht	Time	Ht	Time	Ht	Time	Ht
1 0100	3.0	9 0600	1.8	17 0110	2.9	25 0300	1.1
Sun 0710	0.4	Mon 1120	1.6	Tue 0710	0.4	Wed 0940	2.2
1320	3.1	1820	2.0	1330	3.1	1540	1.4
1930	0.5			1940	0.5	2140	2.3
2 0130	3.0	10 0230	1.5	18 0140	2.9	26 0410	1.0
Mon 0740	0.4	Tue 0940	1.9	Wed 0740	0.5	Thu 1040	2.5
1350	3.1	1500	1.7	1400	3.1	1640	1.2
2000	0.5	2110	2.1	2010	0.5	2240	2.5
3 0200	2.9	11 0400	1.3	19 0220	2.8	27 0500	0.8
Tue 0800	0.5	Wed 1040	2.1	Thu 0820	0.6	Fri 1120	2.7
1420	3.0	1620	1.5	1430	3.1	1730	0.9
2030	0.6	2220	2.2	2050	0.6	2320	2.6
4 0230	2.8	12 0440	1.1	20 0250	2.7	28 0530	0.7
Wed 0830	0.6	Thu 1110	2.3	Fri 0850	0.7	Sat 1150	2.9
1440	2.9	1700	1.3	1510	2.9	1800	0.8
2100	0.7	2300	2.4	2130	0.7	2400	2.7
5 0300	2.6	13 0520	0.9	21 0340	2.5	29 0610	0.6
Thu 0900	0.8	Fri 1130	2.5	Sat 0930	0.9	Sun 1220	3.0
1510	2.8	1730	1.0	1550	2.8	1840	0.6
2130	0.9	2330	2.6	2220	0.9		
6 0330	2.4	14 0550	0.7	22 0430	2.3	30 0040	2.8
Fri 0920	1.0	Sat 1200	2.7	Sun 1020	1.2	Mon 0640	0.6
1540	2.6	1800	0.8	1640	2.5	1250	3.0
2200	1.1	2400	2.8	2330	1.1	1910	0.6
7 0400	2.2	15 0610	0.6	23 0550	2.1		
Sat 0950	1.2	Sun 1230	2.9	Mon 1130	1.4		
1610	2.4	1830	0.7	1800	2.3		
2240	1.3						
8 0440	2.0	16 0040	2.9	24 0110	1.2		
Sun 1020	1.4	Mon 0640	0.5	Tue 0800	2.0		
1650	2.2	1300	3.1	1350	1.5		
2350	1.4	1910	0.5	2000	2.2		